

Bournemouth learn, laugh, live



Photo: Courtesy David Cox et al.

Have we got your current e-mail Address?
Keep the Office up to date at
officemanager@bournemouthu3a.org.uk

As we come out of lock-down we need to keep you up to date
with progress.
See our regular 'Mailchimp' messages

The Lockdown Blanket



“I saw this crochet pattern to use up old scraps of wool so, as I had plenty of bits of wool ... and the country was going into lockdown (not to mention the forthcoming short winter days and dark nights) I thought I'd give it a go. Unfortunately I got really carried away and used up all my scraps in no time at all. So I bought a bag of mixed wools, and then some more, and more, and more. This blanket will fit a double bed and I only stopped because I realised if it got any bigger it wouldn't fit in a washing machine! I then had so much wool left over that a friend bagged, but I've made this one into huge squares which can be buttoned together and washed in sections. Now I'm doing one for myself with a theme of black outlines. Totally addicted. But what fun.”

Sarah Colegrave

Notes From The Chair

I hope this latest edition of our Newsletter finds you well and enjoying the summer. In anticipation of being able to mix more freely now that most of us have had our two vaccines and, following the Government's relaxation of the Covid-19 regulations in July, we have organised some events to look forward to during the summer. See full details on the following pages. It will be great to see members face to face again, I just hope, as I'm sure we all do, that nothing happens to derail the Government's plans!

We have been through an unprecedented 18 months with Covid-19, which has seen a major threat to our organisation. However, we have another major threat looming, and that is the running of our organisation! We have 11 dedicated people currently serving on the Committee in various roles, but we urgently need a replacement Secretary. Howard Fincher, our current Secretary, has given notice of his intention to resign as Secretary and Trustee at the end of the membership year. Without a Secretary our organisation is under considerable threat. We would appeal to anyone interested in this role to contact myself at chair@bourneouthu3a.org.uk or Howard Fincher secretary@bournemouthu3a.co.uk to discuss. I would also like to remind you all that we still have a vacancy for the role of Vice Chair. Our organisation cannot run without the willingness of our members to get involved.

As well as our summer social activities, we have been successful in our application for a stall at the Shake & Stir Festival, which is returning to Fisherman's Walk, Southbourne, on Saturday and Sunday 7th/8th August. It will be a good opportunity for us to promote our u3a to local people in an effort to increase membership, which in turn helps to keep our yearly subscription to a minimum. And don't forget you can also help to increase membership by telling friends and family the many benefits of becoming a member. I'm pleased to say that over the past few months (despite Covid!) we have still managed to attract a considerable number of new members, which is really encouraging.

We have experienced some unusual and unprecedented difficulties this Spring when trying to secure our venues. It has been a fraught time, but thanks to Jennie Pudney and Graham Maughan, our Joint Group Co-ordinators, and the co-operation and understanding of our Group Leaders, we have been able to offer most of our usual venues, with the exception of Westbourne Library. Unfortunately, due to the significantly reduced numbers allowed under their ongoing Covid regulations, we have been unable to continue with them. However, we are working hard to find an alternative affordable venue for those Groups who have used the library in the past.

Most of our Group Leaders are keen to start up their groups again in September and, yet again, we have a wide variety of Groups for you to choose from, as you will see in the enclosed Programme.

We will also be offering online groups for those of you who prefer to participate from home. Please be aware that this year some group numbers have needed to be reduced. So please be considerate to your fellow members and only book for groups which you can attend on a regular basis.

Finally, I would like to take this opportunity to remind you that all our Groups and events will be risk assessed in accordance with current Government and U3A Covid-19 guidelines. However, it is essential that all participants review their own personal health and circumstances and their own suitability to participate.

Hopefully this will be my last “Notes” written whilst we are closed due to Covid, Here’s looking forward to a brighter, more normal future for us all!

Pat Ley

Have You Thought about Receiving Your U3A Newsletter Online?



As part of the generation that pioneered the “on-line” way of life, some might prefer to read their U3A Newsletter electronically via our website.

Additionally, this would give us a saving in terms of printing and postage and, of course, help the environment.

Be assured that there is no agenda to discontinue paper copies for those who still need or prefer them.

If you would like to go “paperless” you can opt-in by contacting

publicity@bournemouthu3a.org.uk or chair@bournemouthu3a.org.uk

News from the Groups

Tuesdays 10.15 - 11.45 at MCC Leader Esther Tomlinson
Autumn Term:

The Oldest Stories Ever Told (Alt weeks start 28/09/21)
From Ur to Jerusalem (Alt weeks start 05/10/21)

Both groups aim to finish the course started in Autumn 2019. There will be a brief summary of what had been covered in previous terms. Newcomers are welcome.

The Oldest Stories Ever Told

People have always been curious about how this world began. Returning to the starting point of our journey along the Fertile Crescent, in Mesopotamia, we shall discuss the various stories and myths of creation and compare them with each other.

From Ur to Jerusalem

Archaeology has discovered the amazing architecture and treasures of cities in the Assyrian, Neo-Babylonian and Persian empires. There will be five more PPP which give an insight into the history and culture of the area.

Wednesdays 10.30 - 12.00 at MCC Leader Esther Tomlinson
Autumn Term:

Renaissance

Newcomers are welcome

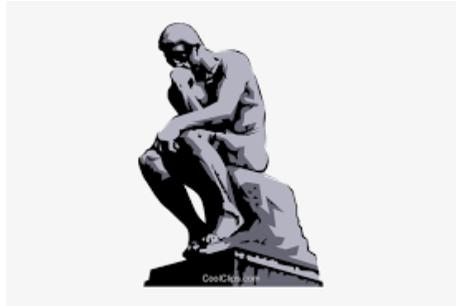
The Renaissance straddles the outgoing Middle Ages and the beginning of the Modern Era. In the previous two terms we looked at the new ideas that were developed in the Renaissance, based on the writings of the Ancients (Greeks and Romans). We will start this Autumn term with a short summary of the major views that changed so much and had such an impact on our world today, and then look at the scientific revolution and the necessity of addressing matters of society, politics and state in the 16th and 17thC, finishing with an outlook at the world. There will be information on the other four groups (*Selected Philosophers, Philosophy of Time, Philosophy of Mind, Ultimate Questions*) in later magazines nearer the time.

Philosophy - What is it really?

Tuesdays at 10:30, Moordown Community Centre

A question that many famous philosophers have attempted to answer - but as many, perhaps even by their own admission, have struggled. They pose many questions and suggest answers - would you be convinced?

These sessions aim to reveal what's been said and examine it - and your views are paramount! Philosophy has been said to connect with everything - but has it a place in today's highly complex and interconnected internet world? My objective is to show that it's more relevant than ever before. Some of the questions date from earliest times in our history and have yet to receive a comprehensive answer - if that were even possible!



Our very survival as a species is threatened by our squandering of resources and environmental damage. Science - in a sense, the earliest philosophy - might come to our rescue. Or our technology, derived from it, destroy us.

And what of our moral compass as custodians of the planet? Can an examination of history benefit us, or are we doomed to commit the same tragic errors?

I look forward to a robust yet purposeful programme!

Neil McArthur

T'AI CHI & CHI KUNG

Fridays, 11.00 – 12.00 at Shelley Park, starting 30 July

For Beginners and Improvers, not advanced

Warm up sequence then Chi Kung followed by T'ai Chi for health based on traditional Chinese medicine.

Any medical questions or concerns must be referred to your GP or practice nurse before applying for these sessions.

To attend, you must first register your interest (name and phone number) at seagreen@talktalk.net 01202 432779

Ian Peters

Social Report

We have been champing at the bit for summer social events to start. It has been frustrating having to wait just that bit longer than expected. Events planned for the end of June and through July have had to be shelved, but, subject to any Government rules and guidelines, we are hoping to introduce additional events through August and September. We will be sending out Mailchimp news about these events as soon as we can. In the meantime, here are a few events which we can look forward to;

Coffee Morning.

We have arranged a coffee morning in early September where, in particular, we hope that new members will come along and meet up with others before groups start at the end of the month.

Meet from 10.30 on 9 September

at

“The Cafe on the Green”

Boscombe Cliff Bowling Club

Woodland Ave, Southbourne, BH5 2DJ

PICNIC ON THE BEACH

Thursday 12 August from midday

Ever ready for a change, this year instead of the usual BBQ, we're going for a picnic. One advantage is that we will not have to wait for 6.00pm to light up!



Come along to the beach at Southbourne Coast Road, in front of beach hut 1414, by lamp post 311, just west of “The Bistro”. Bring everything you need; food, drinks and something to sit on.

Warren Edge car park off Southbourne Overcliff Drive is conveniently near. We will “pitch camp” by 12.00.

We are hoping for lovely sunshine of course; on the day if it's a bit cooler than we would like it won't put us off, but if it's unpleasant then we won't be martyrs! Hope you can join us and by all means bring along a friend.

John Moore and John Oram

COMPTON ACRES

Coffee morning followed by optional entry to the gardens

Tuesday 17 August from 10.00



STOP PRESS

**FOLLOWING OUR MAILCHIMP
CAMPAIGN, THIS EVENT IS NOW FULL
BUT, HOPEFULLY, WILL BE REPEATED
LATER IN THE YEAR**

164 Canford Cliffs Road, Poole, BH13 7ES – if travelling by car please share if you can. Bus routes 50 and 60.

A “new” coffee venue for us but which also might lead us on to other interesting ideas.

We will meet for coffee in the café, which also has a good variety of snacks (and meals) if you want to indulge. Also we could use the opportunity to find out what you think about some options for garden visits next Spring.

Afterwards, say from about 11.30, some may want to take the opportunity to visit the gardens. We will benefit from a special one day concessionary admission at £4.95 so giving us a good opportunity to explore this local gem. If, after visiting the gardens, you decide to take up membership, your entrance fee can be counted against the cost.

In addition to being of interest to all our members who enjoy gardens, we thought that this would be a particular opportunity for anyone interested in photography or art; or maybe provide the inspiration for a literary or musical piece. Where possible, space within the colour pages of the December Newsletter will be dedicated to the best/most interesting/unusual of your pictures, with space also for short written items.

So that we can advise Compton Acres of the size of our group, will you please telephone Margaret on 01202 418220 and give your name and telephone number to book your place. **David Hardman and Margaret Ronchetti**



**BOURNEMOUTH
UNIVERSITY OF THE THIRD AGE**

c/o St James Institute
33a Stourfield Road
Bournemouth
BH5 2AR
Tel: 01202 420700

NOTICE OF ANNUAL GENERAL MEETING

**Wednesday 13th October 2021
commencing 2.30pm**

This will be an online meeting
Members can "enter" the meeting from 2.15pm
(arrangements overleaf)

Registered Charity No. 800397

NOTICE OF ANNUAL GENERAL MEETING

Due to uncertainty about pandemic restrictions, this year's AGM will again be an online meeting [via Zoom].

Notice is hereby given that the Annual General Meeting of Bournemouth U3A will be held

on

Wednesday, 13 October 2021, commencing at 2.30pm,

to conduct the business set out in the Agenda below.

AGENDA

- 1 Welcome by the Chair, Pat Ley.
- 2 Apologies for absence
- 3 Approval of the minutes of the last AGM [14 October 2020]
- 4 Chair's Annual Report
- 5 Treasurer's Annual Report
- 6 Approval of amendments to the Constitution
- 7 Election of Committee members for 2021/2022
- 8 Any Other Business

Any member who wishes to raise a matter under AOB should notify the Secretary by e-mail [secretary@bournemouthu3a.org.uk] before **Wednesday, 6 October 2021**.

Matters raised under AOB on the day will be taken at the discretion of the Chair.

[All Groups which do not finish by 1pm that day will be cancelled. Please note that the Office may close early that day as well.]

AGM ARRANGEMENTS

Unusual times continue to call for unusual measures, and this year's AGM on **Wednesday, 13 October** will again be a virtual experience.

- The Committee would like as many members as possible "to attend" from the comfort of their own homes with their digital devices. Please mark the date in your diary. Don't hold back ... let's again have a good attendance.
- The Charity Commission have advised all charities to amend their Constitutions to allow online meetings. At **item 6** on the Agenda, we shall ask for approval to make our amendments (already approved by our UK Office) to our Constitution. The text of these amendments is available and can be requested by e-mail from our Secretary or read online on our website.
- The Committee needs to know in advance who to expect at the AGM, and therefore to whom to send the **Zoom** log-in details. So if you already know you will attend, or if you expect to be able to attend, please send an e-mail (including your full name) to our Secretary, Howard Fincher [secretary@bournemouthu3a.org.uk], **BEFORE Wednesday, 6 October (at the latest)**.

Our Secretary will then send you an e-mail on **Monday, 11 October**, which will include the Zoom log-in guidance for the AGM. [Note: this e-mail might arrive in the junk/spam mailbox.]

On the day of the AGM, you will be able to begin "entering" the meeting from 2.15pm onwards by following the guidance in the e-mail sent two days before, and following the on-screen instructions.

COMMITTEE MEMBERS 2020/2021

Pat Ley	Chair and IT Manager
Rod Jackson	Treasurer
Howard Fincher	Secretary
Jennie Pudney	Programme, Venue, and SJI Coordinator
Graham Maughan	Programme and Venue Coordinator
Julie Williams	Publicity
June Arthur	Office Manager
John Oram	Social Events
Keith Pitman	Newsletter Editor
Margaret Ronchetti	Events Catering
Bob Hucklesby	Shadow Treasurer

For 2021/22, there are vacancies for VICE CHAIR and SECRETARY
Each year the entire Committee, who are the Trustees of our U3A charity, stands down and a new Committee (maximum 12) is elected at the AGM.

Nominations for the Committee from members are invited. Written nominations, which need to be seconded (with both names clearly printed), should be sent [envelope marked 'AGM election nomination'] to the Office to arrive no later than **Wednesday, 6 October 2021.**

CHRISTMAS LUNCH



A date for your diary

Wednesday 15 December
Mirabelle Restaurant,
Cumberland Hotel,
East Overcliff Drive, BH1 3AF



CRAZY GOLF (Mini Golf)

Wednesday 15 September - Lower Gardens, Bournemouth

12 holes are accessible for those with reduced mobility.

The cost is £5.50 for a round of 18 holes.

Arrive anytime between 10.30 and 12.30 and we will go round in small groups.

Refreshments are available at the adjacent "Garden Deli" so do come and join for a chance to meet other members and make a morning of it. Come along – it should be fun.

John Oram

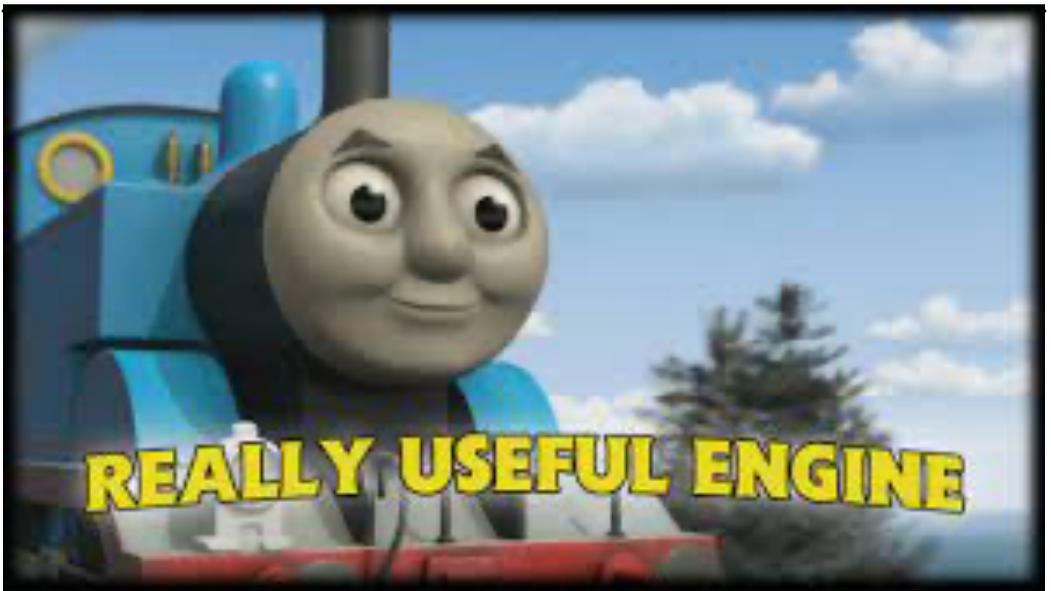


Quiz

Wednesday 8 December, 13.00 – 17.00

At Immanuel Church, Belle Vue Road,
Southbourne.

All details in next Newsletter



FEELING USEFUL AGAIN!

You left work and looked forward to the freedom, but after the first holiday and catching up with all those jobs, did you then miss the friendship groups at work, using your skills and experience, achieving something you could be pleased with? Does this ring a bell? Did your work experience include administrative duties and basic IT skills?

In which case, we might have the answer. We are looking for someone who is a team player and has an eye for accuracy and detail and would consider being our Shadow Secretary. Your skills/experience may well be the perfect fit! The role would be an appropriate preparation for election to the Committee as Secretary in the future. If this idea appeals to you but you would like to know more, just contact Pat Ley at chair@bournemouthu3a.org.uk or Howard Fincher at secretary@bournemouthu3a.org.uk to have an informal chat. We would very much like to hear from you!

The Trustees of Bournemouth u3a cannot accept any liability of any kind arising out of a COVID-19 infection resulting from negligence, actions, omissions, or any other cause by any person during a u3a event. Please use current government regulations to make an informed choice about your personal risk of attending an event.

Retirement Day.

Time of your life
Picture the days,
A plague on bad news ,
You are powerless to change,
Take bus rides
Travel uncharted ways ,
If your regrets are dancing
On the head of a pin
Let the fear fade away
Let the sunshine come in.....



Deirdre Foster

CALL FOR SUBMISSIONS FOR NEXT NEWSLETTER

The editorial group welcomes your news, articles, photos, artwork, poems, etc. for including into the next newsletter.

Copy date is Friday 3 September 2021. We appreciate this does not give you a lot of time due to the delayed posting date of the Summer Newsletter and Programme, but please send whatever you have to :-

publicity@bournemouthu3a.org.uk

Thank you.

Obituaries

Being an association for retirees it is inevitable that we are going to lose close friends and associates quite frequently.

Under such circumstances, the committee is often requested to include obituaries for past members in the Newsletter, some of whom were not widely known. We have to balance respect and support for the bereaved against maintaining a bright, cheerful, outward-looking publication for our thousand or so members; *and prospective members*.

The committee has agreed that obituaries will be the exception rather than the rule; for someone who was widely known to the *majority* of members and who made an exceptional contribution to our organisation.

Editor

EATING IN THE FIFTIES and SIXTIES.



Pasta was not eaten in Australia.

Curry was a surname.

A takeaway was a mathematical problem.

A pizza was something to do with a leaning tower.

All potato chips were plain: the only choice we had was whether to put the salt on or not.

Rice was only eaten as a milk pudding.

Calamari was called squid and we used it as fish bait.

A Big Mac was what we wore when it was raining.

Brown bread was something only poor people ate.

Oil was for lubricating, fat was for cooking.

Tea was made in a teapot using tea leaves and never green.

Sugar enjoyed a good press in those days, and was regarded as being white gold.

Cubed sugar was regarded as posh.

Chicken didn't have fingers in those days.

Eating raw fish was called poverty, not sushi.

None of us had ever heard of yogurt.

Healthy food consisted of anything edible

People who didn't peel potatoes were regarded as lazy.

Indian restaurants were only found in India.

Cooking outside was called camping.

Seaweed was not a recognised food.

"Kebab" was not even a word, never mind a food.

Prunes were medicinal.

Surprisingly, muesli was readily available, it was called Cattle Feed.

Water came out of the tap: If someone had suggested bottling it and charging more than petrol for it, they would have become a laughing stock!

But the **two** things that we never ever had on our table in the sixties were !

Elbows or Telephones

Christopher Thomas

Lunching Around the World – Bon Appetit!



Now that restrictions have eased, we are looking forward to seeing some of you at our popular lunches again

Our first lunch will be at **Bellaggio Pizza Restaurant**
295-299 Wimborne Road, Winton, BH9 2AA
On MONDAY 27th September

Future dates for your diary are WEDNESDAY, 20th October and FRIDAY 19th November
Look out for Mailchimps and keep an eye on our website for confirmation and venues

To reserve a place please email Bob Hucklesby at
bobhucklesby@btinternet.com before Monday 20th September
or phone **01202 551401**

(If you have booked a place and cannot make it please contact me as soon as possible)
Bob Hucklesby

A BIG THANK YOU TO OUR RESEARCH VOLUNTEERS

Let's have a shout out for our research volunteers. Mavis Bengtsson (Bournemouth University researcher) is most grateful to them for working with her on the homecare project. From a month's worth of Zoom discussions with her, Mavis has nearly 900 pages of transcript of the volunteers' ideas for homecare which would enable them to stay in their own homes for as long as possible. Mavis believes that distilling those ideas into policy proposals will occupy her for the next six months. And just as important for us is the fact that, in these difficult times, our research volunteers have earned our u3a a badge marked "research active 2021".

Howard Fincher

Cycling, Walking and Rambling



Hiking/Rambling Group, Leader David Cox

Medium paced. Not suitable for those who prefer a slow walk.

Monthly sociable walks exploring our beautiful area are normally on 1st or 2nd Thursday of month. During the past year we attempted a few walks successfully in groups of 6. **Note: Walks are limited to those within the group which is presently full with a waiting list.** This is partly to allow those group members a chance at walking which they missed over the last year. We usually meet at the walk starting point at 10:15AM and expect to finish with a picnic lunch or possibly lunch/snack in a country pub or similar. Walks are around **4.75 - 6.75 miles**. Info on forthcoming walks is emailed to group members monthly. David Cox tex3004@gmail.com for group details.

The Occasional Walkers Group

Leader Alastair Moir, aided and abetted by John Langmead

17 August 2021

Medium paced walk 4.5 - 6 miles

For more info contact Alastair Moir aim@coastside.co.uk

CYCLING GROUP - Leader Archie Hoggan



Meet at 10.00 every Thursday at Gloucester Road, Kings Park end by Wessex Indoor Bowls.

Cycle for about an hour with a break at a café or similar before returning.

Theatre Trips



“The Theatre! The Theatre!
Oh how we all miss The Theatre!”
Well it is all going to open up again soon!
Bournemouth U3A
will be there if you wish it?
As a flavour of what you can expect later in
'21/22 - what about?
At the Mayflower, Southampton,
one of our favourite venues: -

‘Blood Brothers’ in Sept 21.
‘Chicago’ in Nov 21
‘The Book of Mormon’ (a musical) In Feb 22.
‘Les Mis’ in March 22.
‘Singing in the Rain’ in June 22
‘The Jersey Boys’ in July 22

**NB No dates booked yet until theatres announce seating plans.
But if you will be interested in any of these, let me know
your preferences on 01202 722171.**

**Have a Happier Summer!
Mitchell Robertson .**

Somewhere over the Rainbow Skies are Blue



Photo: Courtesy David Cox et al.

Don't miss out - Buddy up!

Dear members, we had planned many social events for the summer, but many have had to be abandoned. Some events remain. However, since currently we are not able to put specific dates in the newsletter, we plan on sending out Mailchimps about these events ahead of time, once we know for certain that they will go ahead. If you do not have an email address registered with us, are you able to find another Bournemouth u3a member who does have email and will pass on the information to you? If you cannot do this then please contact Pat on 01202 801839 or Julie on 01202 429455 to make other arrangements. Let's have fun this summer.